



SAILORS AROUND THE WORLD

## LAND & SEA TRIP TO CUBA NOVEMBER 8-20, 2018



### Cuba is a hidden gem.

The architecture, the infrastructure, the culture, and of course, the cars - all feel like a stroll up memory lane.

When touring Cuba one can really appreciate the moment of being able to take a peek into a time capsule. Sailors NYC is offering a rare (*and maybe even once in a lifetime*) opportunity to [explore Cuba before it changes forever](#). Our trip includes land and sea, architecture and nature, people and culture.

Sailors NYC is an expert in Cuba travel - having organized several trips since 2016. Our itinerary is compliant with the latest OFAC Regulations regarding travel of Americans to Cuba.



Fla. Seller of Travel  
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## Tour highlights.

Our experienced team of American trip leaders and captains and Cuban guides have hand-picked all the activities of this unique excursion. Featuring accommodations at adorable Casas Particulares (local B&B hosted by Cuban families) and meals at delicious Paladars (Cuban home-style cooking restaurants).

The tour includes an introduction to Havana's HOT contemporary art scene, visits to venues playing live Cuban music and even a few secret places other tourists don't know about...

More highlights of our tour are: the historic districts of Havana, Trinidad and Cienfuegos, Hemingway house and a visit to a tobacco plantation. Under the fascinating guidance of charming young Cuban professionals who will not only show you around, but also be happy to share personal life experiences of living in today's Cuba.

The Sea portion of our itinerary will be captained by experienced international captains on board boats chartered from Dream Yacht Charters - a leading French-international boat charter company that is running the Cienfuegos base since 2014.



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## ITINERARY

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### Thursday - November 8th, 2018

#### ARRIVAL IN CUBA

- Arrive at Jose Marti International Airport of Havana (HAV) by 6pm
- After clearing into the country - Meet Cuban guide who will direct you to the group's designated transportation
- Check-in at Casas Particulares in Havana
- Evening: Enjoy the ambiance of "Havana Vieja" and take time this evening to familiarize yourselves with the Cuban culture (not included in package).

### Friday - November 9th, 2018

#### HAVANA TO TRINIDAD

08:00

Authentic cuban breakfast at your Casa Particulares

09:30

Depart Casas Particulares onboard group's organized transportation accompanied by the Cuban Guide

11:00-13:00

Visit at Parque Nacional Ciénaga de Zapata (National Park of Zapata Swamp) - home of over 900 autochthonous plant species, 175 species of birds, 31 species of reptiles and over 1000 species of invertebrates. Zapata is also known for the local endemic Cuban crocodile (*Crocodylus rhombifer*) which are restricted to the Zapata Swamp and are being reintroduced to the nearby Lanier Swamp on Isla de Juventud (Isle of Youth)

13:00-14:30

Lunch at Don Alexis Paladar in Playa Largo - Caribbean style seafood restaurant family-run by Alexis, his wife and his cousins

14:30-17:30

Continue travel to Trinidad

17:30-19:00

Check-in Casas Particulares

19:00-21:00

Plaza Mayor and Casa de La Trova of Trinidad - live Cuban music

23:00

Night walking excursion to Trinidad's secret nightlife caves

### Saturday - November 10th

#### TRINIDAD AND CIENFUEGOS

08:00-09:00

Authentic Cuban breakfast at your Casa Particulares

09:00-11:00

Walking tour of Trinidad - guided by Cuban guide. Walk through historical sites of this 500 year-old city - which was recognized in 1988 as a World Heritage Site by UNESCO. Meet local residents and visit the famous La Canchanchara - house of a signature Cuban cocktail.

11:00-12:30

Bus drive to Cienfuegos

12:30-14:00

Lunch at Pelicano Restaurant - a paladar on a rooftop in Cienfuegos

14:00-17:00

Tour of historic Cienfuegos

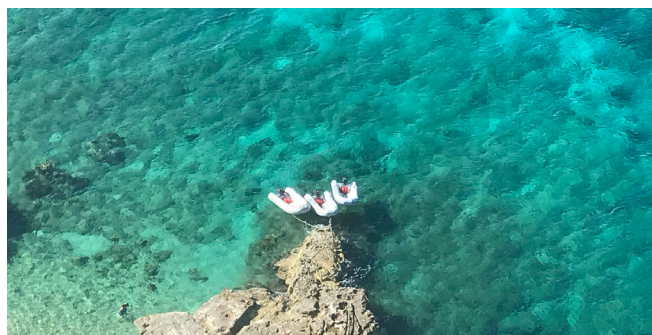
17:00

Arrival at Cienfuegos Maria and check-in with Dream Yacht Charters - a French international boat charter company

17:00-19:00

Settle-in on boats, receive and stow away provisions for the week (pre-ordered by Sailors NYC), get acquainted with your living environment for the next week

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- Evening - Dinner near the marina of Cienfuegos (there are a couple of options inside the marina and a few others that are in walking distance) (*not included in package*)



### **Sunday - November 11th**

#### **CIENFUEGOS TO CAYO GUANO DEL ESTE**

**08:00-09:30**

Breakfast on the boat, safety briefing with your captain, preparation for cast off

**09:30**

Cuban authorities clear-out from Marina Cienfuegos

**10:00**

Sail from Cienfuegos to Cayo Guano del Este - 45 NM (Nautical Miles)

**17:00-18:00**

Arrival at Cayo Guano del Este, anchor for the night

**18:00**

Dinner on board

### **Monday - November 12th**

#### **CAYO GUANO DEL ESTE TO CAYO LARGO**

**08:00-10:00**

Breakfast, snorkel around the boat or by the island, dinghy ride to the Island and tour of the rocket-shape lighthouse that was built by the Russians in the early 1970s. The lighthouse is manned by two workers who are on 2-week rotations. We will be able to meet with them and learn about their work and the way they live while on the island

**10:00-15:00**

Weigh anchor and sail west towards Cayo Largo - the largest island east of Isla de la Juventud. Cayo Largo is a resort island, and as such - the Cubans who work here commute daily, by ferry, from the Bay of Pigs

**15:00**

Anchor by Playa Sirena - which is considered one of the world's most beautiful beaches (according to National Geographic, CNN Travel and Tripadvisor)

**15:00-19:00**

Snorkel by Playa Sirena, take a dinghy ride to Cayo Largo, familiarize yourselves with the area, and visit Casa Museo to learn about the most important aspects related to the commercial, cultural and social history of Cayo Largo  
Evening - Dinner on board or at one of the island restaurants in the vicinity of marina Cayo Largo (*dinner at the restaurant not included in package*)

### **Tuesday - November 13th**

#### **CAYO LARGO TO CAYO CANTILES**

**08:00**

Weigh anchor and sail west towards Cayo Cantiles - Breakfast underway

**12:00**

Anchor by the Cayo Cantiles Research Station, lunch on board

**13:00-15:00**

Dinghy ride to meet with employees of the research station who will be able to guide us on a walking tour of the island and the research station. This station's purpose is to research and preserve wildlife on the island and research monkeys that were brought to the island from Africa in the 1970s

**15:00-18:00**

Time to explore the land and waters of Cayo Cantiles.  
Evening - Dinner onboard





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### **Wednesday - November 14th**

#### **CAYO CANTILES TO CAYO LARGO THROUGH PASA ESTOPA**

08:00-12:00

Weigh anchor and sail north east towards Pasa Estopa - Estopa Canal, located just east of the eastern tip of Cayo Rosario. It is mainly used by fishing boats as well as multihull ferries back and forth to Cayo Largo and mainland Cuba. On the way we will likely meet local commercial fishermen who normally spend 15 to 30 days out at sea with only a limited stock of fresh fruits and vegetables. They often barter with those coming through this area, in exchange, they can offer fish, lobster, and a

chance to spend delightful moments in their company learning about how they make a living in the seas of Cuba

12:00-15:00

Anchor south of Cayo Rico for a chance to explore the land and sea. Experience the vast wildlife and sea creatures this tropical island has to offer

15:00-17:00

Sail back to Cayo Largo, anchor by Playa Sirena  
Evening - Dinner on board or ashore by the Cayo Largo Marina (dinner at the restaurant not included in package)



## Thursday - November 15th

### CAYO LARGO TO CAYO SAL

08:00-09:00

Breakfast on board

09:00-10:00

Dinghy over to Iguana island - located by Playa sirena. The island is literally the home for a flock of iguanas who are standing stoically on the shore

10:00-12:00

Sail over to a close by reef of Los Ballenatos - where you'll be able use a snorkel and explore magnificent sites with thousands of colorful fish and corals

12:00-17:00

Sail east towards Cayo Sal

17:00

Anchor at Cayo Sal for an evening to rest before your long journey back to Cienfuegos

Evening - Dinner on board

## Friday - November 16th

### CAYO SAL TO CIENFUEGOS

06:00

Weigh anchor and sail back to cienfuegos - total of 55NM

14:00-15:00

ETA at Cienfuegos Marina and clearing in with local authorities

15:00-17:00

Spend the afternoon packing for your trip back to Havana and evening dinner at a local paladar (not included in package)

## Saturday - November 17th

### CIENFUEGOS TO HAVANA

07:00-08:00

Breakfast on board, clean up, and check-out the boats

08:00

Depart from Cienfuegos Marina on the group's organized bus

12:00

Check-in at Havana Casas Particulares



12:30-14:00

Lunch at a paladar

14:30-16:30

Special tour of Museo Nacional de Bellas Artes de La Habana guided by our local Cuban guide. The tour is a retrospective of Cuban art starting at the colonial time (500 years ago) until today

19:30-23:30

Buena Vista Social Club concert and dinner at the famous El Guajirito. Buena Vista Social Club is an ensemble of Cuban musicians established in 1996 to revive the music of pre-revolutionary Cuba. The project was organized by World Circuit executive Nick Gold, produced by American guitarist Ry Cooder and directed by Juan de Marcos González. They named the group after the homonymous members' club in the Buena Vista Quarter of Havana, a popular music venue in the 1940s. To showcase the popular styles of the time, such as son, Bolero and Danzón. They recruited a dozen veteran musicians, many of whom had been retired for years

## Sunday - November 18th

### HAVANA OLD AND NEW

08:00

Authentic Cuban breakfast at your Casa Particulares

09:00-12:00

Tour of Havana Vieja's (old Havana) four squares: Plaza de Armas at the heart of the city, San Francisco De Asís Square, Plaza del Cathedral and Plaza Vieja with its grand balconied buildings where the Camera Obscura, donated by Spain, is located on the top floor of the Gomez Vila Building

12:00-13:00

Daquiris at Ernest Hemingway's favorite daiquiri bar El Floridita

13:00-14:30

Lunch at Donde Lis Paladar



*This evening there will be two options, depending on the availability and admiration of the group:*

14:30-18:00

Guided tour of the majestic Castillo de los Tres Reyes Magos del Morro OR

14:30-18:00

Drive to San Francisco de Paula to visit Finca Vigia - AKA Hemingway House. Located 15 miles east of Havana Finca Vigia (Lookout Farm) was the home of Ernest Hemingway. Hemingway lived in the house from mid 1939 to 1960.

The property was located for Hemingway by his third wife Martha Gellhorn, who had come to Cuba to be with Hemingway but decided she did not want to live in the small room he rented at the Hotel Ambos Mundos. Our

Cuban guide will take us through the Finca grounds and house to tell us about Hemingway's life there, books he wrote while living there and his heritage

18:00-21:00

Rest from the days schedule and decide what you would like to do for dinner (not included in package)

21:00

*Optional: Visit of the hottest venue in Havana for contemporary Cuban Arts - Fabrica del Arte Cubano Havana - enjoy visual arts, live music, theater, food, drinks, fashion and everything that is cool about Havana's young and vibrant artistic scene. Meet local young people who would gladly share their life experiences in 2018 Havana and ask you a million of questions about your life...*

## Monday - November 19th

### DAY IN VIÑALES

06:00-06:30

Authentic Cuban breakfast at your Casa Particulares

06:30

Depart Casas Particulares on the group's organized bus, accompanied by a Cuban guide. On the way to Viñales, learn about the area and history of Pinar del Rio

09:00-11:30

Walking tour of Pinar del Rio - located in Viñales province which is known as the land of Tobacco and spectacular vistas of limestone cliffs. Visit a tobacco farm and learn first hand from Cuban farmers all about picking, drying and fermenting the tobacco leaves and eventually - making cigars. You'll get a chance to roll your own cigar as well as buy some souvenirs

12:00-14:00

Zip Lining over the Viñales valley

14:00-15:30

Lunch at Paraiso Paladar - a farm to table restaurant overlooking the breathtaking views of the Viñales valley



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### 15:30-16:00

Visit the "Prehistoric Mural" in the Viñales valley reflecting nature's evolution process. The Mural is 600 feet long and 400 feet tall and was painted by artist Leovigildo Gonzalez Morillo and commissioned by Fidel Castro himself after the revolution - in the early 1960's

### 16:00-19:00

Drive back to Havana on board the group's organized bus

### 19:00

Rest from the day's schedule and decide what you would like to do for dinner (not included in package)

### Tuesday - November 20th

DEPART BACK TO THE U.S.

### 08:00-09:00

Authentic Cuban breakfast at your Casa Particulares

### 10:00

Organized transportation to Jose Marti International Airport

#### Note:

*Times and schedules may vary depending on availability, scheduling, or any other circumstances beyond reasonable control..*



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